PLAN YOUR AWESOME YEAR AHEAD

A simple checklist for the dates, goals, people, and moments that matter

YEAR: _____ **MY WORD OR THEME:** _____

SPECIAL DATES

- ☐ Birthdays
- ☐ Anniversaries
- ☐ Traditions and celebrations
- ☐ Trips and special events

HEALTH AND WELLNESS

- ☐ Annual checkups
- ☐ Dental and vision visits
- ☐ Movement or fitness goals
- ☐ Rest and personal care

WORK AND SCHOOL

- ☐ Important deadlines
- ☐ Training or classes
- ☐ Meetings and conferences
- ☐ Breaks and time off

HOME AND FAMILY

- ☐ Financial goals
- ☐ Home projects
- ☐ Family time
- ☐ Travel plans

CREATE AND CONNECT

- ☐ Creative play dates
- ☐ Create and Connect Days
- ☐ Community or church events
- ☐ Friends to spend time with

ACTS OF AWESOME

- ☐ People to encourage
- ☐ Cards or notes to send
- ☐ Community needs to support
- ☐ One awesome goal each month

IMPORTANT DATES AND NOTES:

_____

_____

_____

_____

_____

_____

THREE THINGS I WANT TO MAKE ROOM FOR:

1. _____
2. _____
3. _____

PERFORM RANDOM ACTS OF AWESOME