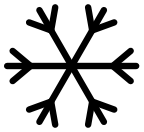
DAY 1

Give someone an ornament, or even this chain link



DAY 2

Smile and say “Merry Christmas” to three people



DAY 3

Write a thank-you note to someone who helps you



DAY 4

Draw a picture or write a short note to give someone



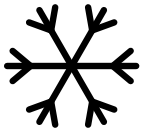
DAY 5

Tell a family member one thing you love about them



DAY 6

Bake or buy a treat to share



DAY 7

Call or text someone you haven't talked to in a while



DAY 8

Help someone with a chore or task without being asked



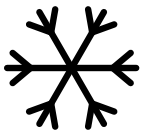
DAY 9

Make or buy a card for a neighbor



DAY 10

Say one kind thing to yourself in the mirror



DAY 11

Donate a toy, a coat, or canned food



DAY 12

Leave a kind note where someone will find it



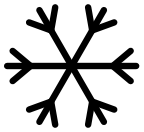
DAY 13

Let someone go first today



DAY 14

Hold the door and wish someone a happy holiday



DAY 15

Share your favorite Christmas song with a friend



DAY 16

Make or buy hot cocoa for someone



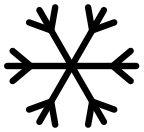
DAY 17

Give someone a big, kind compliment



DAY 18

Help decorate or tidy a shared space



DAY 19

Thank a teacher, helper, or delivery driver



DAY 20

Play a game with someone, phone down



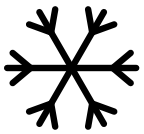
DAY 21

Write down 3 things you're thankful for



DAY 22

Forgive someone, even if only in your heart



DAY 23

Check in on a neighbor



DAY 24

Tell someone, "I'm so glad you're here"



DAY

25

Merry Christmas! Share a hug or a kind word with everyone you see



